



**Office of
Youth &
Young Adult
Ministry**

The findings are clear: the religious lives of 13- to 25-year olds are more complex than ever.

**More important than checked boxes? Behaviors.
More revealing than affiliations? Relationships.**

To be an effective mentor in the life of a young person, a new framework is needed.

**The State of Religion & Young People 2020:
Relational Authority presents the latest research
on young peoples' inner and outer lives, as well
as actionable insights and fresh frameworks that
respond to the shifting social, religious, and
cultural landscape.**

Springtide Research



BABY BOOMERS

1946 - 1964



GEN X

1965 - 1980



MILLENNIALS

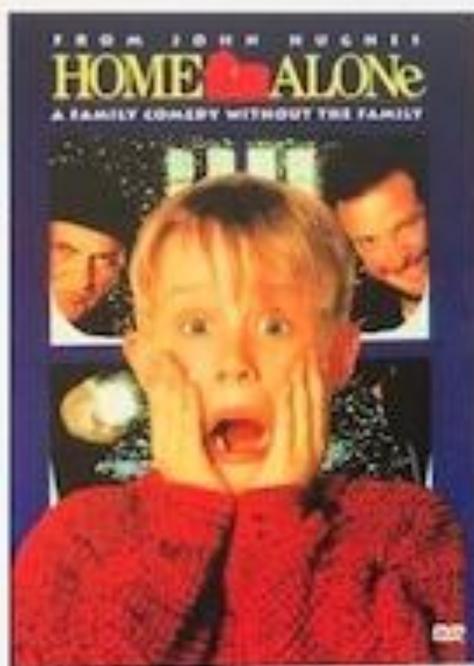
1981 - 1995



GEN Z

1996 - 2010

Generations



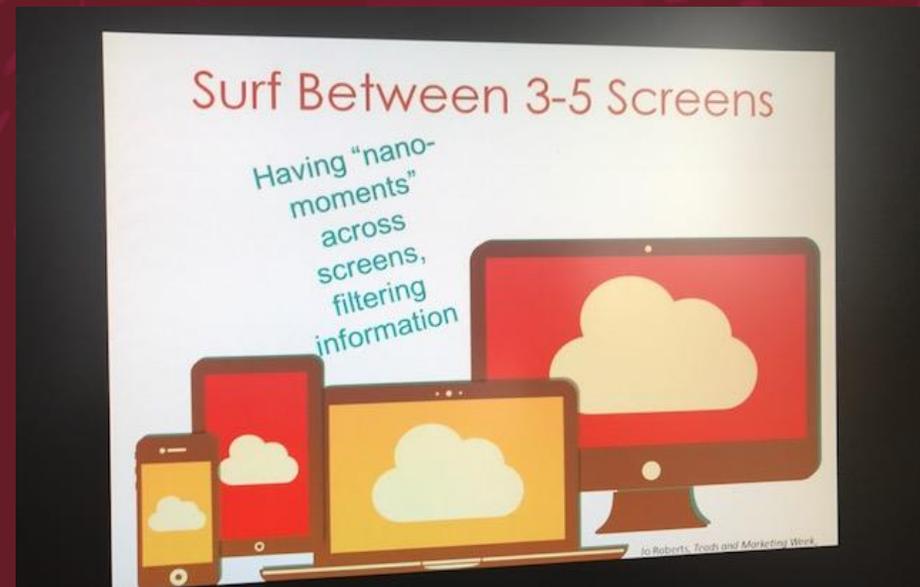
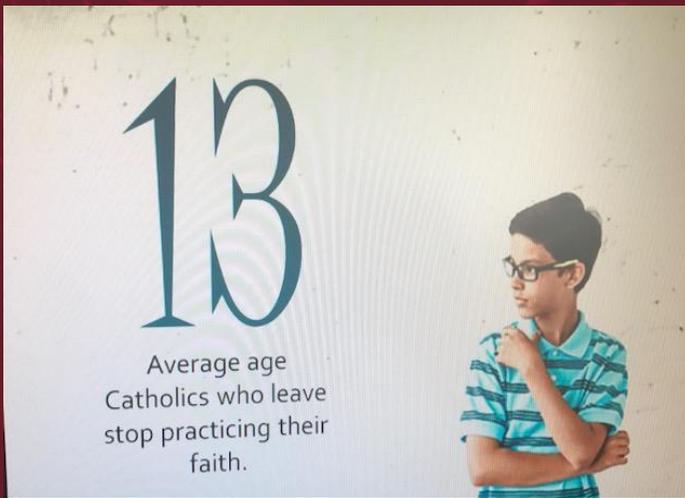
Gen X



Millennial



Gen Z



80% of Catholics are no longer Catholic by the time they turn 23!

1 out of 4 practicing Young Catholics attend Mass regularly.

43% that identify themselves as Catholic, never attend Mass.

65% pf " Double Dippers" stop attending Mass within three months of enrolling in college.

We have been asking the wrong question!

**We ask what is wrong with our youth?
Why are they leaving?**

We need to look at our changing world. We cannot fix the institutional issues, but we need to respond to them.

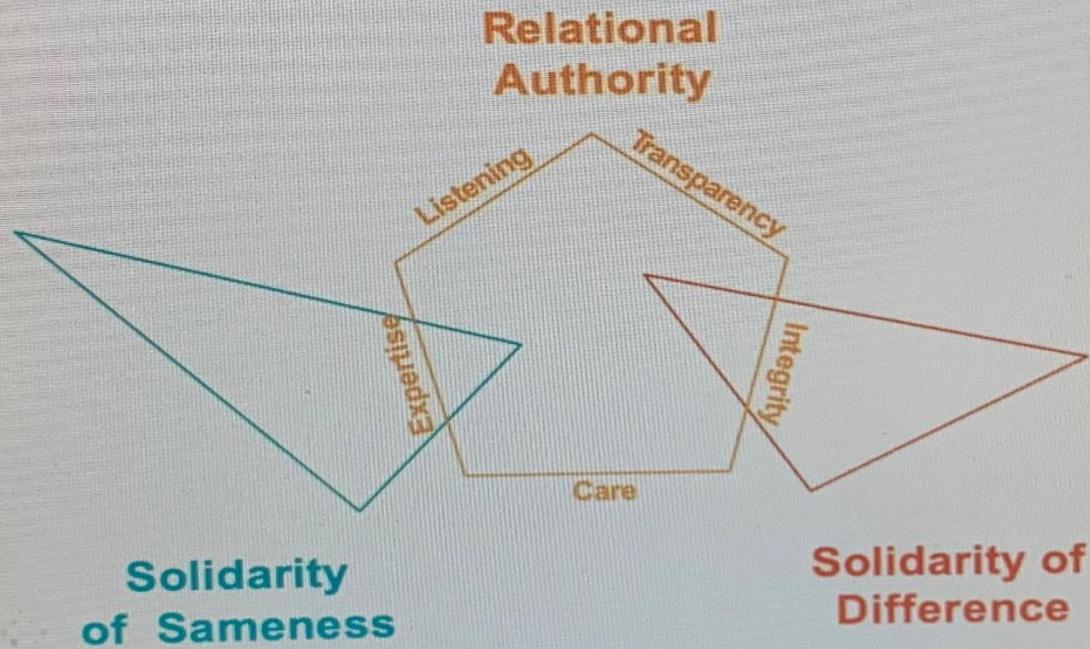
Once upon a time, Self- Identity was tied to the dominant institutions in our culture: Church, School, Work, and Social Clubs. We aligned ourselves to these institutions and there was auto authority for people in power. (The more you are aligned with one institutions, the less you are trusted.)

Today Younger folks do not trust institutions and do not value degrees and credentials. They have a broader influence- social networks, sports, video games, the global community.

Affiliated but.....

- 52% Little or no trust in religion.**
- 1/3 Do not think it is important to have faith.**
- 1/5 Do not live beliefs.**
- 20% Identify as not religious**
- 33% Attend church once a year or less.**

A New Model for New Realities



Listening

- Take the time to listen.
- Remember what they shared.
- Help them feel understood and take the time to let them know you care.

Integrity

- Admit when you are wrong.
- Follow through with commitments.
- Be accountable.
- Be authentic.
- Admit what you don't know.

Transparency

- Share things about your life.
- Show that you understand their lived experiences.

Care

- Foster relationships

Expertise

- Use your knowledge to help them.